

Needle Exchange & Health Promotion training

Who is this for:

This five day programme is spread over two modules which consists of a 3 day module on the theory, skills and knowledge required to operate a needle exchange and this is further complemented by a 2 day module which provides practical experience in working in an active fixed needle exchange.

This course can also be offered as a three day classroom based programme without the practice element.

Aim:

To provide the practical skills required to set up and run a needle exchange under a best practice model, ensuring that the principles of harm reduction and health promotion are adhered to.

Learning Outcomes:

Participants completing this course will have:

- An understanding of concept, principles and models of harm reduction
- A substantial knowledge of health and mental issues
- Demonstrable skills in safer drug usage (I.V. and Non I.V.)
- The ability to set up, stock and administer needle exchange
- Knowledge of best practice when dealing with and referring clients

Course contents:

- Harm reduction and health promotion
- Understanding HIV, AIDS and Hep C
- Safer injecting practices
- Best practice in setting up an exchange, paraphernalia, and client referral
- Health and safety
- Boundaries
- Communication Skills

Who should attend?

This programme is designed for staff, who currently work in a needle exchange and who would like to enhance their skills and knowledge in the area. This training is also suitable for individuals who wish to gain the skills, knowledge and practise of providing an effective needle exchange service.